



A GUIDE FOR ME. I MIGHT HAVE THEM<SPAN><SPAN CLASS="SILVER">TOLD HIM</SPAN><SPAN CLASS="RED">~"I FEEL DISRESPECTED BY</SPAN><BR>

<SPAN CLASS="SILVER">YOU NOO</SPAN><SPAN CLASS="RED"> BECAUSE I HAVE TOLD YOU </SPAN><SPAN CLASS="SILVER">HOW I FELT</SPAN><SPAN CLASS="RED"> AND YOU DID NOT RESPECT MY</SPAN><BR>

<SPAN CLASS="RED">FEELINGS. INSTEAD</SPAN><SPAN CLASS="SILVER"> YOU TRIED TO TALK </SPAN><SPAN CLASS="RED">ME OUT OF THEM.</SPAN><BR>

<SPAN CLASS="SILVER">I MIGHT HAVE SAID "I FEEL PRESSURED BY</SPAN><SPAN CLASS="RED"> YOU." IF I </SPAN><SPAN CLASS="SILVER">HAD BEEN MORE</SPAN><SPAN CLASS="RED"> AWARE OF MY OWN FEELINGS, I MIGHT</SPAN><SPAN CLASS="SILVER">HT HAVE EVEN SAID, "I FEEL</SPAN><BR>

<SPAN CLASS="SILVER">DISGUSTED BY THE THOUGHT OF YOUR TOUCHING ME." BUT BECAUSE I WAS NOT</SPAN><SPAN CLASS="RED"> RAISED TO EXPRESS MY FEELINGS VERBALLY,</SPAN><SPAN CLASS="SILVER"> AND BECAUSE I </SPAN><BR>

<SPAN CLASS="SILVER">WAS RAISED TO VALUE GRADES MORE THAN FEELINGS, I </SPAN><SPAN CLASS="RED">DID NOT EXPRESS DISGUST.</SPAN><BR>

<SPAN CLASS="SILVER">HAD I EXPRESSED MYSELF AND THEN BEEN INVALIDATED BY HIM, AND HAD I KNOWN THE </SPAN><SPAN CLASS="RED">IMPORTANCE OF RESPECT FOR FEELINGS, I </SPAN><SPAN CLASS="SILVER">MIGHT HAVE BEEN SUFFICIENTLY MOTIVATED TO TELL SOME OTHER PEOPLE AND TAKE SOME </SPAN><SPAN CLASS="RED">ACTION. ANOTHER THING TO HELP</SPAN><SPAN CLASS="SILVER"> YOUR CHILDREN FROM GETTING IN SUCH A </SPAN><SPAN CLASS="RED">\_\_\_ SITUATION --</SPAN></P>

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